

IPSTSB 2022-23 ANNUAL SECRETARY REPORT

To be Presented at AGBM on 24th June, 2023.

Respected Members,

Warm Greetings.

I thank all the members of IPSTSB for giving me the opportunity to serve as Hon General Secretary and present this report for the year 2022-23.

I thank my Presidents, Dr. Ramasubba Reddy Sir, Dr. V. George Reddy Sir for imposing faith in me and giving me complete support in the functioning of the office.

I thank Dr. Raghurami Reddy sir for his blessings.

I thank my Mentors, Dr. G. Prasad rao sir, Dr. K.Chandrasekhar sir, Dr. Jagannath sir, Dr. Minhaj Sir, Dr. Bhagya Reddy sir, Dr.Gowri Devi Madam, Dr. Naresh Vadlamani sir, Dr.Keshav Rao sir, Dr. Sridhar Raju sir, Dr. Sharbandh Raj sir, Dr. Mayurnath Reddy Sir, Dr. P. Kishan sir, Dr. Dinesh sir, Dr. Chytanya Deepak, for encouraging me to take up this post and guiding me all through this endeavor.

I thank Dr. Ashok Reddy sir and Dr. Umashankar sir, who have been constant source of support and whom I have taken the liberty to disturb many times. Thank you sirs, for bearing my calls and messages at odd hours and guiding me.

I thank my colleague office bearers Dr. Narayana Rao sir and Dr. Sai Krishna for all the help extended and helping me out in compiling this report.

I thank all EC members, Dr. Srinivas YSSR, Dr. Praveen Kumar M, Dr. Chytanya Deepak, Dr. Vashista BSG, Dr. Philip, Dr. Jayakrishna, Dr. Shantimohan, Dr. Raghuvir Raju, Dr. Rajender S, Dr. Versi and Committee Chairpersons and Members for their support.

I thank all the members of IPSTSB who have been actively participating and responding to the every call given by the office and because of such active participation, we have achieved some important goals and milestones.

TSPSYCON was conducted on 11th and 12th June, 2022 at NRI Auditorium with theme Consultation Liaison Psychiatry. Organising Chair: Dr. Jagadeesh Babu, Org. Secretary: Dr. Vashista.

The conference was inaugurated by Dr. P Raghurami Reddy and had the gracious presence of distinguished guests Dr. NN Raju, President, IPS and Dr. G Prasada Rao, President Elect, AFPA, Dr. K Uday Kumar, President Elect, IPS SZ, Dr. Arabinda Brahma General Secretary IPS, Dr. VL Naresh, IPS SZ Representative to National IPS, Dr. Chandrasekhar, Principal, KMC.

Dr. George Reddy sworn in as President of IPS TSB. Asha Hospital Oration was conferred on Dr. Roy Abraham Kalliavayilil and Prashanthi Oration was conferred on Dr. P Raghurami Reddy. It had deliberations from eminent speakers. Dr. Prasad rao, Dr. MS Reddy, Dr. TSS Rao, Dr. Rupam Borgohain. Panel Discussion on LGBTQ Awareness and rights.

It was attended by 172 delegates. Cultural Programmes had guests singing and dancing and ramp walk.

Preconference, we had organised PsyATA3 which had around 50 participants



IPS SZ PG CME:As part of IPS SZ activities, this year Asha Hospital as part of IPS TSB has conducted IPS SZ PG CME at Hotel Plaza, Hyderabad on 25th and 26th June, 2022. Org Chair: Dr. Gowri Devi and Org Secretary: Dr. Chytanya Deepak. The theme was Dilemmas of Comorbidities in Psychiatric Disorders . Dr. Nageshwar reddy, Padmabhushan Awardee was the chief guest. The Program was well attended by the post graduates of all five member states.



CONSTITUTION APPROVAL: IPS-TSB Constitution was Approved by the Constitution committee and National EC on July, 16th, November 2022. Thanks to Dr. Ashok Reddy sir, who has promptly incorporated the changes that were suggested by National Constitution Committee.

An Extra Ordinary General Body Meeting was held on 12th August, 2022 with agenda of Ratification of IPS TSB By-laws in Constitution Approved by IPS.

Memebrs Present: Dr. George Reddy, Dr. Pavan Kumar, Dr. Minhaj, Dr. Sai Krishna, Dr. K. Narayanarao, Dr. Umashankar, Dr. Raghurami Reddy, Dr. Ashok Reddy, Dr. Nagender rao, Dr. Mirza Baig, Dr. Vishal Akula, Dr. Kishan, Dr. Praveen, Dr. Chytanya, Dr. Rajender, Dr. Ramsubba Reddy sir, Dr. Preethi, Versi L, Dr. Harishachandra Reddy, Dr. Hrishikesh, Dr. Shantimohan, Dr. Phanikanth, Dr. Keshav Rao , Dr. Rajesh A, Dr. VL Naresh, Dr. Dinesh, Dr. Niveditha, Dr. Pamulety Lanke, Dr. Sasikanth Sharma, Dr. Mayurnath, Dr. Jagannath, Dr. MVR Sharma, Dr. Vashista. Dr. Sateesh Babu. Quorum was present. President Dr.George reddy called the meeting to order and welcomed all the members and thanked the IPS EC and efforts of Dr. Ashok Reddy sir, Dr. Pavan and Dr. Vishal. Dr. Pavan, HGS read out the changes that were suggested by IPS EC and Constitution Committee to the

existing IPSTSB Constitution. All the changes were unanimously approved. Proposed by Dr. Minhaj and Seconded by Dr. Vishal A.

IPS TSB MIDTERM CME FOR PRACTITIONERS:IPS TSB Midterm CME was held in Khammam with theme CYBERPSYCHIATRY with Dr. Sateesh Babu as Org Chairman and Dr. Narayana rao Kambhampati as Org Secretary on Decemebr 10th, 2022.

The CME was inaugurated by Dr. NN Raju, President IPS, the Chief Guest and Dr. K Chandrasekhar, Guest of Honor. Dr. NN Raju sir released the IPSTSB Journal, TJP.

IPS TSB NEWS LETTER was released by Dr. K. Chandrasekhar. It had speakers from across India, Dr. Sushil Gawande from Nagpur, Dr. Sujith Sarkhel from Kolkata, Dr. E. Krishnamoorthy from Chennai, Dr. Lokeshwar Reddy from Visakhapatnam and Dr. Mahesh Gowda from Bengaluru.

The CME had 121 registrations and was well appreciated by one and all..



IPSTSB PG TRAINING PROGRAM:IPS TSB PG Training program was conducted at Deccan College Medcal Sciences, on March 12th, 2023 with Dr. Minhaj Nasirabadi as Organising Secretary and Dr. V. George Reddy as Organising chairman. The theme of the CME was Emotional and Behavioural Disorders in Children. It was well attended by 160 delegates. The program was inaugurated by Col. Dr. G. Prasad, CAO, DCMS, Dr. G. Prasad Rao, President, AFPA, Dr. Ashafaq Hasaan, Principal, DCMS. It was well conducted and very interactive. Total registrations were 190 and had Participation of 120 post graduates and around 40 consultants.

PG Quiz was conducted.

Winners : Dr. Alisha and Dr. Swarna of IMH, OMC, Hyderabad. **Joint runners:**

Runners : Dr.Ruthika Radham and Dr. Pragathi G from CAIMS, Karimnagar.

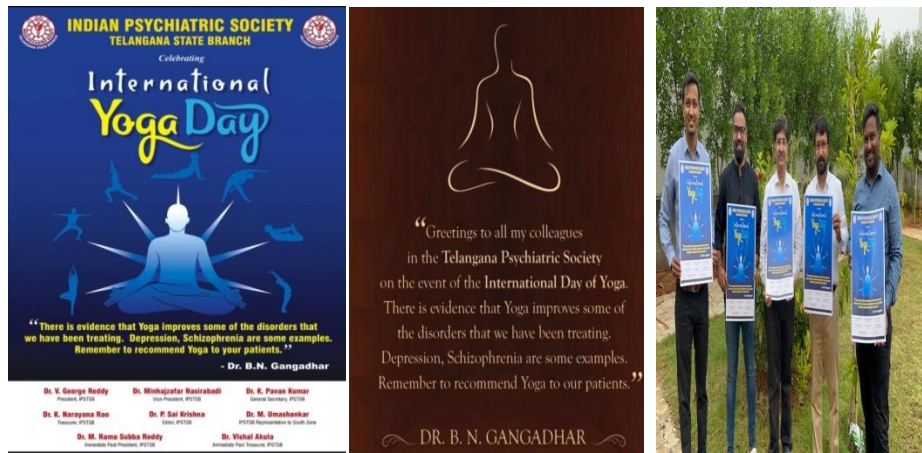
Dr.Raghunatha Miriyala and Dr. Abdullah Kamlur of Kaiminein Insitute of Medical Sciences, Narkatpally.



INTERNATIONAL YOGA DAY:

IPSTSB observed international Yoga Day on 21st June 2022 by organising Webinar. Dr. BN Gangadhar sent his message and congratulated IPSTSB. The poster was released by Dr. M Umashankar released the Poster. Programme was presided over by Dr. George Reddy.

Dr. Nikhil Patel and Sister Dr. Jenna have delivered talk about Meditation and Yoga and Psychiatry. It was chaired by Dr. Prasad Rao and Dr. Kishan. Programme was well received and attended by 60+ delegates



International Day against Drug abuse and Illicit drug Trafficking:

IPSTSB observed International day against Drug abuse and illicit drug trafficking on June 26th, 2022. Dr. Ramanan Earat was the chief guest, Dr. Uday Kumar K, Dr. G. Suresh Kumar were the distinguished guests. Dr. George Reddy, President, IPSTSB, Dr. VL Naresh, IPS SZ Rep to IPS, Dr. P Kishan, IPS SZ Past President, Dr. Gangaram, Hon Treasurer, IPSSZ, Dr. Dinesh, Dr. Minhaj, Dr. Pavan, Dr. Vishal and Dr. Phanikanth were present.

Poster was released and education material was released to public to raise awareness. The news was well covered in both Print and Electronic Media.



World Suicide Prevention Day: It started off with Khammam on 6th September. Psychiatrists of Khammam have conducted awareness programme by involving Police Department and conducted a rally with 1200 members participating.

IMH has observed WSPD by sensitizing Nursing students on Saturday 10th September and Flashmob on 11th Sept, Sunday. Dr. Umashankar sir, Dr. Sireesha madam, Dr. Phanikanth, Dr. Vivaswan and all the post graduates participated in the program. Dr. Anitha rayirala gave a talk on FM Radio creating awareness on Suicide Prevention. Dr. Ashok Reddy sir has given talk on TSAT channel. Many psychiatrists have written articles in press. Dr. Phanikanth, Dr. Vishweshwar Rao, Dr. Keshavulu to quote a few.

IPSTSB observed WSPD in association with IAPP, KPS AND IMA KARIMNAGAR. Three days of awareness ended with an awareness run. Public of Karimnagar witnessed it at Telangana Chowk Karimnagar. Dr. Anitha Rayirala delivered lecture on suicide prevention, the role at primary care to IMA doctors. Dr. Sridhar raju sir, Dr. Divya Devulapally chaired the session. Dr. Minhaj sir, Dr. Chytanya Deepak, Dr. Sowmya, Dr. Vasista, Dr.

Manmohan Raju and all the psychiatrists of Karimnagar have participated in the programme. It was inaugurated by the Mayor of Karimnagar and had participatin of IMA Karimnagar and paramedical staff. The news was well covered in both Print and Electronic Media.



WORLD ALZHEIMERS DAY OBSERVATION: IPSTSB has observed World Alzheimer’s Day on Septemterb 21 by holding awareness lecture on Dementia: Diagnosis and Care in Clinical Practice by Dr. Chandrasekhar, Director, Asha Hospital. A public awreness poster was released by Dr. Umashankar, Medical Supdt, IMH, OMC earlier that day.



WORLD MENTAL HEALTH WEEK:IPSTSB observed and conducted various programmes. IMH under the leadership of Dr. Umashankar sir, conducted week long programs in the form of Skits, Poster competition for Undergraduate students with District Legal Services Authority as the Distinguished Guests. Members Dr. Phanikanth, Dr. Vivaswan and Others have raised awareness by talk the doctor programs on TSAT channel.

Dept of Psychiatry, SVS Medical College conducted awareness program for UG Students with Poster Presentation Competition, Flash Mobs

Dr. Prasada Rao Sir has conducted an innovative Awareness Programme with Singer Shan on Instagram. It was viewed by 2500+ audiences.

Dr. Vishal Conducted programmes in association with Rotary Club, Nizamabad and DLSA Nizamabad. Dr. Minhaj Nasirabadi conducted programmes in association with Lions Club Hyderabad.

Dr. George reddy, President, IPSTSB has conducted awareness programme at SPES NGO Secunderabad.

Dept of Psychiatry, CAIMS conducted awareness programe to PHC doctors and School students at PHC, Annaram, Karimngar. Dr. Pavan, Dr. Preethi and Dr. Ravi were present.

Apart from this, many members have written articles to Print and Electronic Media to raise the awareness. Members covered important topics like Stigma, Depression, Childhood and Geriatric Mental Health Issues.



World Bipolar Day:IPSTSB Observed world Bipolar day with a webinar by Dr. D. Keshav Rao sir. He gave a talk on Bipolar Disorder in Children. It was well attended b 70 participants.

World Autism Awareness Day:World Autism awareness day was observed with Webinar by Dr. Hrishikesh Giriprasad. He gave a talk on Autism: a 360degree Approach. It was attended by 120 participants.

World Schizophrenia Day: On the Occasion World Schizphrenia Day, Members Dr. Minhaj Nasirabadi sir and Dr. Vishal conducted awareness program at DCMS and Nizamabad respectively. On the eve of World Schizophrenia Day, President Dr. George Reddy was an invited speaker by IMA Hyderabad City Branch.

International Yoga Day, 2023: IPSTSB Observed International Yoga Day for the year 2023 by organizing webinar. Mrs. Nirmala R, who is a renown Yoga instructor was the Chief Guest. Dr. Kishan sir delivered talk on Well Being: Role of Yoga. It was attended by around 80 participants.

Webinar of the Month Series:We conducted a total of 7 webinars.

First on the occasion of International Day of Yoga, By Dr. Nikhil Patel and Sister Dr. Jenna.

Second webinar by Dr. B. Anand sir on Evolution of Research Question.

Third by Dr. Chandrasekhar sir on World Alzheimers Day on Dementia: Diagnosis and Management in Clinical Practice.

Fourth : Dr. Keshav Rao sir on the occasion of World Bipolar Day, talk was on Bipolar Disorder in Childhood.

Fifth: Dr. Hrishikesh Giri Prasad on Autism Awareness Day, talk was on Autism: a 360 degree approach.

Sixth : Dr. TSS Rao sir. On Sexual Disorders in Women.

Seventh: Dr. P. Kishan on the Occasion of International day of Yoga.

We have taken Zoom Subscription for the entire year for Rs 25,000/- which had given us not only a free hand to conduct webinars and EC Meetings, We could also generate Rs.1,50,000/- to IPSTSB.

Journal Report: During this year, we were successful in getting the RIN Number for the journal. Now Telangana Journal of Psychiatry is indexed in DOAJ which is NMC approved indexing. All the journals were released on time.

AFPA: AFPA conference was held at Hostel Westin, Hyderabad with Dr. G. Prasad Rao sir as Org Chair and Dr. Goutam Saha sir as the Org Secretary, from Septemehr 16-18. Dr. G. Prasad rao sir has taken over as President of AFPA at this conference. It was attended by Dr. Afzal Javed, President, WPA, Dr. Malcom, President AFPA, Dr. NN Raju, President, Indian Psychiatric Society, Dr. Arabinda Brahma, Hon General Secretary, IPS, Dr. OP Singh, Editor, IJP.

During this prorame, Dr, Minhaj Nasirabadi, President Elect, IPSTSB has organized Undergraduate Psychiatry Meet at Deccan College of Medical Sciences, Hyderabad. Dr. Afzal Javed, Dr. OP Singh, Dr. Prasada Rao, Dr. PK Dalal, Dr. Malcom have addressed Undergraduates



Dr. Tirumal Rao fund:For Dr. Tirumal Rao fund, we had collected Rs. 12,31,000. We had given Rs 2,00,000/- cheque to the family members for immediate requirements. The remaining 10,31,000/-, as per the EC's decision, were deposited in the Family's name in LIC and the bonds were handed over to them. I thank Dr. Minhaj Sir and Dr. D. Keshav rao sir for taking this initiative and raising funds from different corners.

MEMBERSHIP DRIVE:As part of the Membership Drive, IPSTSB held Zoom Meeting with all the Heads of the Department and was successful in having 61memberships to the IPS of which 31 were LOM, 15 were LOM to LF conversion and 16 were direct LF. This model was well appreciated at the national EC Meeting held on 2nd Feb, 2023 and called it "Telangana Model" .

Apart from this we were successful in adding 31 members from Telangana to IPSSZ.

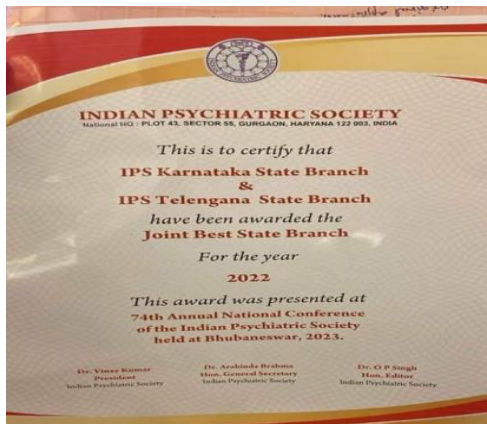
And for IPSTSB we have a total of 30 new members joining

1.Dr.Sirasa N 2.Dr. Devika Kosana, 3.Dr. Vijay Kumar, 4.Dr. Sphurthi P, 5.Dr. Manoj Peravali, 6.Dr. Mamatha Reddy, 7.Dr. Harish Pinnoju, 8.Dr. Balaji Sainath, 9.Dr. Surekha S, 10.Dr. Pruthvi Redy, 11.Dr.Nithin Kondapuram 12.Dr. Vijayseshadry, 13. Dr. Aditya Kashyap, 14. Dr. Madhur Rathi, 15.Dr. Ch. Prashanth, 17. Dr. VV Anupama, 18. Dr. Siva Krishna, 19.Dr. Shajahan Akthar, 20. Dr. Vennela Solomon, 21.Dr. Siva Anup Yella 22.Dr. Virinchi Sharma 23.Dr. Nagam Ravi Kumar 24.Dr. Amrita Toomati 25.Dr. Dileep Chakravarthy 26. Dr. Vishnu Garden, 27. Dr. Ashiya Ameen, 28.Dr. Y. Arun Kumar, 29. Dr. Shadma Siddiqui 30. Dr. Preethi Swarup.

ANCIPS 2023: IPS TELANGANA STATE BRANCH WAS AWARDED AS THE JOINT BEST STATE BRANCH ALONG WITH IPS KC FOR THE YEAR 2021-22 AT ANCIPS, 2023, BHUBANESHWAR.

For ANCIPS 2025, the venue was elected to be Hyderabad with IPSTSB as one of the sponsors and Dr. P Kishan as Organizing Chair and Dr. Umashankar M as Organizing Secretary.

A National EC was conducted at the proposed venue that is HITEX convention Centre, Novotel Hotel, Hyderabad on 25th March, 2023



Other significant achievements from individual Members:

Dr. Prasad Rao sir has taken over as President, AFPA,

Dr. Prasad rao sir was elected as Fellow at Royal College of Physicians.

Dr. Minhajzafar Nasirabadi has been appointed as Member of Academic Council, IMA-Telangana.

Dr. Vishal was elected as Secretary, Rotary Club, Telangana.

Dr. Vishal was elected as Direct Council Member, IPS.

Apart from this, IPSTSB members Dr. Prasad Rao, Dr. Minhaj Nasirabadi, Dr. Naresh Vadlamani, Dr. Praveen Chintapanti, Dr. Dr George Reddy, Dr. P. Kishan, Dr. Vishal, Dr. Sai Krishna Puli, Dr. Vashista, Dr. Manmohan, have been serving IPS in various capacities as Chairpersons and Conveners of Specialty Sections and have been doing programs timely

SCHOOL AND COLLEGE MENTAL HEALTH AWARENESS INITIATIVE:

School and College Mental Health Awareness Committee of IPSTSB has conducted awareness programs in schools of Hyderabad where young adolescents and children were sensitized and raised awareness of common mental health issues in childhood and adolescence, Internet Use, Sexual Relationship. Dr. Mayurnath Reddy, Chairman, School and College Mental Health Awareness Programme along with Dr. Hrishikesh Giriprasad, Dr. Divya Devulapally, Dr. Uma have conducted awareness program in Meru International School, Mehdiapatnam, Hyderabad.

Dr. Pavan Kumar K has conducted the awareness program in AHPS, Karimnagar and raised awareness of common mental health issues in childhood and adolescence, Internet Use.



Cricket

IPS TSB were the Champions of IPPS SZ cricket tournament conducted at IPSOCON 22 at in October 2022, Thiruvananthapuram



Awards Committee meeting was held on 11th January, 2023. Dr. Ramasubba reddy sir and Award Committee members have submitted their decision to confer Asha Hospital Oration on Dr. Ashok Alimchandani Sir and Prashanthi Hospital Oration to Dr. Debasis Bhattacharya from Kolkata.

Total No of E.C. Meetings Held: 8

One Extra Ordinary General Body Meeting

One Awards Committee Meeting.



Thank You.. Thank You One and ALL.

Long live IPS,

Long live IPSTB.

Regards.

Dr. Pavan Kumar K

Hon Secretary,

IPS-TSB.

Dr. V. George Reddy

President,

IPSTSB