

## INDIAN PSYCHIATRIC SOCIETY TELANGA STATE BRANCH

### Hon Secretary Report of IPSTSB 2021-22

Hon General Secretary report presented at AGBM on 11/06/2021

Respected members warm greetings

I thank all the members of IPSTSB for giving me this opportunity to submit Annual General Secretary report for the year 2021-22

I take this moment to thank my President Dr M Ram Subba Reddy Sir for imposing faith and confidence in my work and also guiding me

I sincerely thank Dr Raghurami Reddy Sir, Dr Chandrasekhar Sir, Dr. Prasad Rao Sir, Dr Bhagya Reddy sir, Dr. Jagannath sir, Dr Umashankar Sir, Dr Ashok Reddy sir, Dr Keshav Rao Sir, Dr Sreedha Raju Sir, Dr. Naresh Vadlamani sir, Dr. Satheesh Babu sir, Dr. Mayur sir and Dr. Srilaxmi madam for guiding me in this journey.

I also take this moment to thank my teacher Dr. V Sharbandh Raj sir for his blessings.

I thank my mentors Dr.G. Prasad Rao sir, Dr George Reddy Sir, Dr Minhaj Sir who have been a continuous source of guidance and constant support in this endeavor.

I would like to thank my colleague office bearers Dr Sai krishna, Dr Narayan Rao and the entire EC Dr. Dinesh sir, Dr. Praveen Kumar sir, Dr. Preethi, Dr. Phanikanrth, Dr. Shanti Mohan, Dr. Ajay Krishna, Dr. Ajay, Dr. Laxman, Dr. Chytanya, Dr. Vashista for their constant support and contribution.

I would like to thank my brothers Dr. Gireesh and Dr. Vishal who have been great support to me and making my job easier.

The following series of events have been achieved during the past one year of IPSTSB the society under constant guidance and supervision of our respected senior members which has been continuous source of inspiration and helped me to work to the best of my ability. I have always tried and maintained to live up to the expectations and for smooth running of the society and I request all to ignore shortcomings if any, from my side and guide me further.

#### **TSPSYCON 2021:**

IPSTSB annual conference was held at Taj Krishna on 31<sup>st</sup> July and 1<sup>st</sup> August 2021 with Dr G.Prasad Rao sir as Organising Chair and DR Chytanya Deepak as organising secretary with theme Impact of Tecnology on Mental Health Care – The Changing phase.

The conference was conducted in physical mode mainly with Youtube link. Her Excellency Thirumathi Dr Tamizhi Sai, Hon Governor of Telangana state was the chief guest, Dr M Rama

subba reddy sir took over as the president for the year 2021-22, Conference was attended by 280 physically and 120 were online.

Late Mrs Krishna Leela-Dr. Seetaramayya PG award was won by Dr. Varsha Sriperambuduri of GMC Hyderabad

Poduvu Chinna reddy Venkatramamma award was won by Dr. Naveen Kumar Dhagudu and

PR Reddy IMH Alumni PG award was won by Dr. Lalremillias Changte of KMC

Dr. B Anand IMH Alumni Poster Award was won by Dr. Konda Poojitha reddy of Mallareddy Medical College.

IPS Telangana state election results were declared at the AGBM Dr V George Reddy as vice President, Dr Pavan Kumar As Hon Secretary Dr Narayana Rao as Hon Treasurer Dr Sai Krishna P as Hon Editor, Dr M Uma shankar as IPSTSB south zone representative.

Dr. Dinesh sir, Dr. Praveen Kumar sir, Dr. Preethi, Dr. Phanikanrth, Dr. Shanti Mohan, Dr. Ajay Krishna, Dr. Ajay, Dr. Laxman, Dr. Chytanya, Dr. Vashista were elected as EC Members.

### **Suicide prevention Day 2021:**

IPSTSB observed suicide prevention day by conducting suicide prevention walk organised by Dr Vishal Akula at Nizamabad. DR M Rama subba reddy sir IPSTSB President Dr Kesav Rao past President IPSTSB DR Kishan DR Jeevan rao and Sri A venkateshwar ACP Nizamabad, DR V George reddy, Dr Minhaz, DR Dinesh, Dr Phanikanth and Dr Pavan have attended the programme in various capacities the programme was well attended by IMA doctors, Medical students and Nursing students. Awareness material was released to general public after speeches from the distinguished guests. The programme was well covered in both print and electronic media.

### **World Mental Health week celebrations:**

On the occasion of World mental health day IPSTSB conducted theme session via online platform the theme was **Mental Health In Unequal World- Reaching The Unreached**. Dr N N Raju sir the then president elect and now President Indian Psychiatric Society delivered the talk. Dr P Raghuram Reddy sir was the chief guest. The programme was chaired by Dr K Chandrashekar sir and Dr P Kishan sir on 8<sup>th</sup> October 2021, it was attended by hundred participants.

Many Hon members of IPSTSB conducted various awareness programmes and wrote articles to print and electronic media and have raised awareness on various conditions like substance use disorders, depression, stigma.

Institute of IMH Osmania Hospital Hyderabad observed World mental health day under the guidance of DR M Uma Shankar with Sri Murali Mohan TLISA as the chief guest.

Dr Versi, Dr Vishal, Warangal Psychiatric society Dr Jagadish Babu sir, Dr Sridhar Raju sir conducted various awareness programmes involving NGOs and youth organizations. Dept of Psychiatry ESIC Medical College under the guidance of Dr Mayurnath sir conducted awareness programmes by means of E Posters and E Paintings from Under Graduate students of ESIC.

Hon members Dr Minhaj sir and Dr George Reddy sir were keynote speakers for national webinar on mental health and wellbeing. Dr. Minhaj Nasirabadi sir was conferred Dr Sathyapal Tuli oration of IMA Hyderabad, he delivered oration on Empowering Practitioners in helping patients with common mental health problems.

### **IPSTSB midterm Practitioners CME:**

IPSTSB midterm CME was held on December 19<sup>th</sup> at Hotel Prathima Regency Karimnagar with theme '**Sex Discuss and debate**'. The programme was well attended and had 156 registrations and it was well received. It was attended by Dr NN Raju as Chief Guest, Dr TSS Rao, Dr Prasad rao, DR Ramanan Earat, Dr Uday Kumar have graced the occasion. It was conducted in a hybrid mode.

Dr. Srilaxmi Madam delivered talk on Sex and Psychotropics

Dr. Neena Sawanth spoke on A woman's tryst with painful sex

Dr. M.S. Reddy sir spoke on Happiness- Spirituality and Sexuality

Dr. TSS Rao sir spoke on Female Sexual Dysfunction- Sensate focus exercises

Dr. Mrugesh Vaishnav sir spoke of Erectile Dysfunction and Couple's Mind Body Sex tuning

Panel Discussion was on Gender Fluidity- a Biological Concept Moderated by Dr. Praveen Chintapanti and Dr. V George Reddy, Dr. Nivedita, Dr. Veerender, Dr. Divya Devulapalli were panelists.

### **IPSTSB PG Training Programme:**

IPS Telengana state branch annual PG programme was conducted at SVS medical college Mahubnagar on 6<sup>th</sup> March 22 with DR Ashok Reddy as organizing chair and Dr Vijayaraj Prathik as organizing secretary, The theme of the conference was **Update on Biological Treatments.**

The following were highlights of the Programme.

Dr. Keshav Rao sir delivered lecture on Practical demo and legal issues with ECT.

A live demo session of rTMS was arranged from Dr. Sandeep Kondepi

Dr. Chittaranjan Andrade sir delivered lecture on Ketamine use in Psychiatry and tDCS demo.

PG quiz programme was conducted with winners being Dr Harikumar, Dr Madiha from Asha hospital, DR Prasanth and Dr Sayed Nisar Fathima SVSMC Mahbubnagar as runners up.

IPSTSB Telangana state branch has won joint second best branch among states along with Bihar state branch for the year 2021-22.

IPS Telangana state branch members have been very active national wide and received recognition by being appointed in various committees and speciality section at the national level . Hon Members DR Prasad Rao sir, Dr Kishan sir, Dr Naresh Vadlamani sir, Dr George reddy sir, Dr. Praveen Chintapanti sir, Dr Minhaj sir, Dr. Sona Kakkar madam, Dr Saikrishna Puli, Dr Vishal, Dr Phanikant and Dr. Pavan Kumar K have been nominated to various sub-committees at the national level. IPSTSB has been making its presence at the National level as well.

#### **Website:**

Our Website is up-to-date with all the information. Request all the members to keep visiting our website from time to time. We have renewed our contract with “the Presentations” for another year for maintainance. An amount of Rs. 11,800/- was transferred.

#### **Constitution Approval:**

We have corresponded with national EC for approval of our constitution, we have received communication from national IPS General secretary and constitution committee to make some changes in the verbatim and for deletion of few sentences.

#### **Journal Update:**

During this year, we have received RNI Number for our journal. I thank Dr Phaniprasanth sir and Dr SreeLakshmi Madam , Dr Sai and all the past presidents and secretaries who have been working constantly to achieve this. Special thanks to Dr George Reddy sir and his father sri Manmatha Reddy garu and his cousin Prakash Reddy garu who have taken great pains to achieve this, hopefully this will help us in getting major edge in indexing.

#### **Awards committee meeting:**

The awards committee meeting was held on 12<sup>th</sup> Jan 2022, the awards committee has awarded ASHA hospital oration award to Dr Roy Abraham Kalliavayill and Prasanthi Hospital oration to Dr P Raghurami Reddy sir, Vishaka oration of IPS South zone is to be conferred on Dr K Chandrasekhar sir which is to be ratified by this AGB.

#### **Other significant Events, Activities and Achievements**

Dr G Prasad Rao, Hon member of IPSTSB was the organizing chair for AFPA International congress which was held on 16<sup>th</sup> Oct 2021.

KPS through IPSTSB has contributed Rs 10 Lakhs to IPS south zone and instituted Dr P Raghurami Reddy research fund approved by south zone EC.

DR Varsh S post graduate Dept of Psychiatry GMC Hyderabad received third price for D.S Raju Memorial award at IPSOCON 22 Madurai

Dr Mayurnath Sir has been nominated as election commission member at south zone AGBM.

Dr Vishal received IMA Telangana President appreciation award for all round best branch IMA Nizamabad

Hon Member Dr Chandrasekhar Sir conducted ARDISCON 2021 on November 20&21

Dr Minhaj sir, DR George Reddy sir, Dr Vishal Akkula have authored various chapters in IPS published books.

Dr. Vishal Akula Received Dr. Ramchandra N Murthy award for Psychiatry Research at IMACON held at Patna on 27&28 Dec, 2021.

During this tenure we have lost our colleague Dr Thirumal Rao who was a young Psychiatrist at Warangal he fought his illness bravely for almost a year and a half finally succumbed to it. He is survived by wife and daughter. Following this, a call was given to raise funds for the family. I thank all the members and post graduates who have contributed generously to this cause. I particularly thank Dr Minhaj sir and Dr Keshav Rao sir who have been very active in raising the funds. With all your support we could raise around 12 lakh rupees for this cause and a cheque of 2 lakh rupees was given to the family. I also thank Dr. Gireesh for extending the help and coordinating between IPSTSB and the Dr. Tirumal Rao family.

Hon member Dr P Kishan conducted conference on Spirituality in mental health and being amongst SAARC countries on 2<sup>nd</sup> Jan 2022. The programme was presided by Dr Gautham Saha immediate past president IPS and was attended by Dr Afzal Javed President WPA, Dr BN Gangadhar, Dr G Prasad Rao, Dr Shiv Gautham and Dr E Mohandas.

Dr. Minhaj Nasirabadi sir has been appointed as co convenor of Doctor for Doctors subcommittee IMA National and Chairperson, Scientific Committee IMA Hyderabad City Branch

Dr. Prasada Rao sir has been elected as Fellow of Royal College of Physicians Edinburgh. UK

**Totatl EC meetings held : 7**

1 st EC Meeting 1<sup>st</sup> August, 2021.

2<sup>nd</sup> EC meeting 18<sup>th</sup> August 2021 (online)

3<sup>rd</sup> EC meeting 10 Oct 2021 (online)

4<sup>th</sup> EC Meeting on 18<sup>th</sup> December, 2021 at Midterm CME, Karimnagar

5<sup>th</sup> EC Meeting on 16<sup>th</sup> February, 2021 (online)

6<sup>th</sup> EC meeting on 6<sup>th</sup> March ( SVSMC Mahabubnagar during PG Training Programme).

7<sup>th</sup> EC Preconference EC on 10<sup>th</sup> June at Warangal.

One Awards Committee meeting held on 12<sup>th</sup> January on Online Mode.



Thank you.. thank you one and all..

Long live IPS

Long live IPSTSB.

