

WORLD BIPOLAR DAY 2021



You are invited for a webinar on



THEME:

Bipolar Disorder Therapeutic Paradigm Shift - New Frontiers!



- **PROPHYLAXIS** is the Goal - BUT... Do we have Efficacious interventions for Prophylaxis???
- Age of Onset of BD in > 40% of persons is 15-25 years, Suicidal Risk of 15%



30th MARCH, 2021



7:00 PM to 9:00 PM

Coordinator: Dr M S Reddy

CHAIRPERSONS

• **Dr Gautam Saha** • **Dr Venugopal Jhanwar** • **Dr G Jagannath** •

MODERATORS

• **Dr Rajesh Nagpal** • **Dr Debasish Ray** •

PANELISTS

• **Dr E Mohan Das** • **Dr Y C Janardhan Reddy** • **Dr Anukant Mittal** •
• **Dr N N Raju** • **Prof Nand Kumar** • **Dr Bhaskar Mukherjee** •
• **Dr Aleem Siddique** • **Dr Alka Subramanyam** •



Discussion Points:

- “Mood Disorders and Mood Stabilisers are not Siamese Twins”
- Mood Stabiliser – an expression relegated into the history of science (CANMAT 2018)
- BD – Course is Random and Chaotic – Baldessarini 2012
- Recurrence – The only thing of certainty in BD is that there will be A NEXT Episode...
- When, What, How severe, How long???...Except in a Post-Partum period
- Lithium - (Willem Nolen 2019)
Optimum Therapeutic levels??? Optimum time of Sample collection???
- An obstacles in achieving Functional Recovery after Symptomatic Recovery is Drug induced AE – (Eduard Vietaa 2007)
- BD Over diagnosed – Borderline Personality Disorders... (Zimmerman 2008, PCNA Dec 2018)
- BD Underdiagnosed (BRIDGE Study 2012)
- BD II (A Myth) – in the footsteps of Simple / Pseudo neurotic Schizophrenia (Gin Mahli 2019)



President:

Dr Venugopal Jhanwar

Vice President:

Dr Y C Janardhan Reddy

Hony Secretary:

Dr M S Reddy



President:

Dr Dr G Jagannath

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Dr M Rama Subba Reddy

Hony Secretary:

Dr Minhajzafar Nasirabadi



Viewers link: <https://www.streamgo.in/World-BipolarDay>

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Zonalta Task Force



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