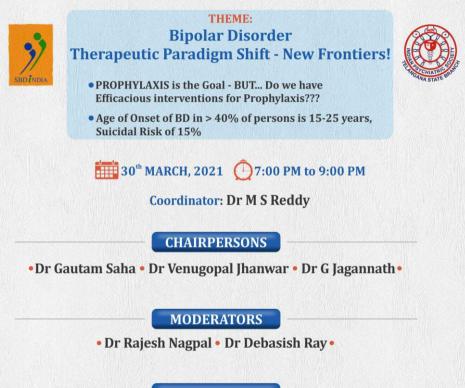


## You are invited for a webinar on



## PANELISTS

• Dr E Mohan Das • Dr Y C Janardhan Reddy • Dr Anukant Mittal •

- Dr N N Raju Prof Nand Kumar Dr Bhaskar Mukherjee
  - Dr Aleem Siddique Dr Alka Subramanyam •

## **Discussion Points:**

- "Mood Disorders and Mood Stabilisers are not Siamese Twins"
- Mood Stabiliser an expression relegated into the history of science (CANMAT 2018)
- BD Course is Random and Chaotic Baldessarini 2012
- Recurrence The only thing of certainty in BD is that there will be A NEXT Episode...
- When, What, How severe, How long???....Except in a Post-Partum period
- Lithium (Willem Nolen 2019)
  Optimum Therapeutic levels??? Optimum time of Sample collection???
- An obstacles in achieving Functional Recovery after Symptomatic Recovery is Drug induced AE – (Eduard Vietaa 2007)
- BD Over diagnosed Borderline Personality Disorders... (Zimmerman 2008, PCNA Dec 2018)
- BD Underdiagnosed (BRIDGE Study 2012)
- BD II (A Myth) in the footsteps of Simple / Pseudo neurotic Schizophrenia (Gin Mahli 2019)



President: Dr Venugopal Jhanwar

Vice President: Dr Y C Janardhan Reddy

> Hony Secretary: Dr M S Reddy



President: Dr Dr G Jagannath

Vice President: Dr M Rama Subba Reddy

Hony Secretary: Dr Minhajzafar Nasirabadi

Kiewers link: https://www.streamgo.in/World-BipolarDay

Unrestricted education grant by



## **References:**

1. Jules Angst et al, Differences between unipolar mania and bipolar-I disorder: Evidence from 9 epidemiological studies, Bipolar Disorder; 26 Nov 2018

2. Gin Malhi et al, Bipolar II Disorder is a Myth, The Canadian Journal of Psychiatry, 2019, Vol.64(8) 531-536

3. Balddessarini et al. Journal of Affective Disorders 136 (2012) 149-154

4. Willem Nolen, Allan Young, Gin Mahi, Mauricio Tohen, Eduard Vieta, Ross Baldessarini, Rasmus Licht, Carlos Zarate, et at. What is the optimal serum level for lithium in the maintenance treatment of bipolar disorder? A systematic review and recommendations from the ISBD/IGSLI Task Force on treatment with lithium. Bipolar Disorder. Volume 21. Issue 5 August 2019, 394-409.

5. Michael Gitlin, Data Impress... but bellets seduce, Bipolar Disoders, 21. Issue 4, June 2019, 374-375

6. Kelly T. Lithium and the Woozle effect, Bipolar Disord. 2019;00:1-7.

7. Lancet - September 16, 2014: Comparative effficacy and tolerability of pharmacological treatments in the maintenance treatment of BD: a systematic review and network meta-analysis.

8. Long-term Outcome of Lithium Prophylaxis in Bipolar Disorder: A 5-year Prospective Study of 402 patients at a Lithium Clinic Mario Maj et al. Am J Psyhiatry 1998: 155:30-35

9. Yildiz A, Nikodem M, Vieta E et al, A Network Meta Analysis on comparative efficacy and all cause discontinuation of Anti manic treatments in Acute Biopolar Mania, Psychol Med 2015: 45:299

10. Chronic mood instability: Bipolar, Borderline, or Both? Biolar Disorders, Volume: 20, 669-671, First published: 11 October 2018

11. YC Janardhan Reddy, Venugopal Jhanwar, Rajesh Nagpal, MS Reddy, Nilesh Shah, Sanman Ghorpade and Sujay Kulkarni, Prescribing practices of Indian Psychiatrists in the tratment of bipolar disorder, Australian & New Zealand Journal of Psychiatry 1-12 hDttOpsl: //1d0o.i101rg7/71/00.10107478/060704186978421697812687

12. A Martinez-Arana, E Vietaa, C Torrenta, J Sanchez-Morenoa, JM Goikoleaa, M Salameoa, GS Malhic, A Gonzalez-Pintod, C Dabana, S Alvarez,Grandia, K Fountoulakise, G Kaprinise, R Tabares-Seisdedosf and JL Ayus-Mateosb, Functional outcome in BD: the role of clinical and cognitive factors Bipolar Disorders 2007:9:103-113

13.Musliner KL, Ostergaard SD. Patterns and predictors of conversion to bipolar disorder in 91587 individuals diagnosed with unipolar depression. Acta Psychiatr Scand 2018: 137: 422-432

14. Prescribing trends for SGA and Mood Stabilisers in the tratment of BD I, 1997 to 2016 AJP in Advance (doi:10.1176/appi.ajp.2020.19091000)

15. Reddy MS, Mythri SV, Reddy S. Mood stabilisers, but for lithium, are not stabilizing moods! Bipolar disorders: Clinical conundrums 2. Indian J Psyhol Med 2017; 39: 553-7.

16.M.S. Reddy, Neeta sagar Bobba, Swetha Reddy. Reevaluting the concept of lifelong mood stabilizers in a biopolar I disorder patient: A 25 year case study Asian Journal of Psychiatry. Volume 54. December 2020, 10242.

17. Zimmerman et al. is bipolar disorder Overdiagnosed? May 2008 The Journal of Clinical Psychiatry 69(6):935-40